



6 EASY STEPS

HOW TO USE

Unboxing

Take a moment to familiarize yourself with the product.



Installation

Screw the light bulb into any standard E26/27 base light socket. Twist until snug.

Turn It On

With your new product securely in place, turn on the lamp socket.



Positioning

For optimal results, positioning yourself 3-6 feet from the light source. Facing the light to your eyes!

Directing The Light

The light should be placed at eye level and 0-45 degrees from where you are looking.
IMPORTANT: The light will absorb safely through your eyes!



Cleaning

Use a microfiber cloth to wipe the lens as needed.